



MAR WALAH

Vol.01 Issue-03 Mar-Apr'19 "MY LORD, MY GOD"

Santhome Church Bulletin, Hulimavu, Bangalore - 560 076



"ആരെങ്കിലും എന്നെ അനുഗമിക്കാൻ ആഗ്രഹിക്കുന്നെങ്കിൽ അവൻ തന്നെത്തന്നെ പരിത്യജിച്ച് തന്റെ കുരിശുമെടുത്ത് എന്നെ അനുഗമിക്കട്ടെ"

Mathew 16:24

"*Ephphatha*"
"Be Opened!"



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"Ephphatha"
"Be Opened!"

LENT - 2019

VOL. 01 ISSUE 03 MAR-APR 2019

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PALM SUNDAY



LAST SUPPER



GOOD FRIDAY



EASTER

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"Ephphatha"
"Be Opened!"

VICAR'S Message



കാലചക്രം അതിവേഗം തിരിയുന്നതുപോലെ തോന്നുന്നു. ഇതാ ഒരു നോമ്പുകാലംകൂടി നമുക്കായീ വരവായി. Ephphatha ("Be Opened") തുറക്കട്ടേ - എന്നതാണ് ഈ നോമ്പുകാലത്തിനായി നാം തിരഞ്ഞെടുത്തിരിക്കുന്ന പ്രധാന ചിന്താവിഷയം. നമ്മുടെ മനസ്സും ഹൃദയവും ദൈവത്തിങ്കലേക്കു തുറക്കപ്പെടുവാനുള്ള നാളുകൾ, നമ്മുടെ മനസ്സും ഹൃദയവും നമ്മുടെ സഹോദരങ്ങളിലേക്കു തുറക്കപ്പെടുവാനുള്ള നാളുകൾ!

“ആരെങ്കിലും എന്നെ അനുഗമിക്കാൻ ആഗ്രഹിക്കുന്നെങ്കിൽ അവൻ തന്നെത്തന്നെ പരിത്യജിച്ച് തന്റെ കുരിശുമെടുത്ത് എന്നെ അനുഗമിക്കട്ടെ” [Mathew 16:24]. കുരിശുമെടുത്ത് യേശുവിനെ അനുഗമിക്കാനുള്ള വീണ്ടുമൊരു ക്ഷണക്കത്താണ് ഈ നോമ്പുകാലം. കുരിശിന്റെ തിരശ്ചീനമായതും ലംബമാനമായതും [horizontal and vertical] ആയ രണ്ടു ഭാഗങ്ങൾ, നമ്മുടെ ജീവിതത്തിൽ ദൈവത്തോടുള്ള സ്നേഹത്തിന്റെയും സഹോദരങ്ങളോടുള്ള സ്നേഹത്തിന്റെയും കാതലായ നിയമങ്ങൾ നമ്മെ പഠിപ്പിക്കുന്നു. ഈ രണ്ടു പരിമാണങ്ങളും (dimensions) ഒത്തുചേരുമ്പോഴാണ് ജീവിതയാത്ര അർത്ഥപൂർണ്ണമാകുന്നത്. Ephphatha - തുറക്കട്ടേ - ഈ സത്യത്തിന്റെ ഒരു പുതു ചിന്തനത്തിനുള്ള അവസരമാണ്.

ഉപവാസവും, പ്രാർത്ഥനയും, ദാനധർമ്മങ്ങളും കൊണ്ട് ജീവിതത്തെ ശക്തിപ്പെടുത്തുക. എവിടെയെങ്കിലും ക്ഷമിക്കാനോ പൊറുക്കാനോ ഉണ്ടെങ്കിൽ യേശുവിന്റെ സ്നേഹത്തിൽ ബന്ധങ്ങൾ വീണ്ടെടുക്കുക. ലോകത്തിന്റെ എന്തെങ്കിലും അശുദ്ധിയുണ്ടെങ്കിൽ, അത് കഴുകി നിർമ്മലമായ ഒരു ജീവിതത്തിലേക്ക് വളരുവാൻ സ്നേഹപിതാവായ ദൈവം ഈ നോമ്പ് കാലത്തു നമ്മെ അനുഗ്രഹിക്കട്ടെ. യേശുവിന്റെ ജീവിതത്തിൽ നിന്നും നാം അകന്നു പോയിട്ടുണ്ടെങ്കിൽ തിരികെ ആ സ്നേഹത്തിലേക്ക് മടങ്ങി വരുവാനുള്ള പുണ്യദിനങ്ങളായിവേണം ഈ നോമ്പുകാലത്തെ നാം ഉൾക്കൊള്ളുവാൻ എന്ന് സ്നേഹപൂർവ്വം ഓർമ്മപ്പെടുത്തട്ടെ.

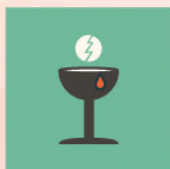
ഫ്രാൻസിസ് മാർപ്പാപ്പ U A E സന്ദർശനവേളയിൽ പറഞ്ഞത് ഈ നോമ്പ് കാലത്തു വളരെ പ്രസക്തമെന്നു തോന്നുന്നു... “ക്രൈസ്തവജീവിതമെന്നാൽ പ്രഥമമായും പ്രധാനമായും ചില ബാഹ്യനിർദ്ദേശങ്ങളുടെ പാലനമോ പ്രബോധനങ്ങളുടെ പഠനമോ അല്ല, മറിച്ച് യേശുവിൽ നാം പിതാവായ ദൈവത്തിന്റെ മക്കളാണെന്ന് അറിയലാണ്. ഈ സന്തോഷത്തിന്റെ ജീവിതം ജീവിക്കലാണ് ക്രൈസ്തവജീവിതം. ജീവിതം ഒരു പ്രണയകഥ പോലെ ജീവിക്കുക. നമ്മെ ഒരിക്കലും ഉപേക്ഷിക്കാത്ത ദൈവത്തിന്റെ വിശ്വസ്ത സ്നേഹത്തിന്റെ കഥയാണത്”. [as written in Satyadeepam]

പരിഹാരത്തിന്റെയും പരിത്യാഗത്തിന്റെയും കുരിശിന്റെ വഴിയിലൂടെ, രക്ഷയുടെ അടയാളമായ കുരിശിനെ നാം അനുഗമിക്കുമ്പോൾ, ദൈവത്തോടും സഹോദരങ്ങളോടും സ്നേഹത്തിൽ അടുക്കാൻ, നമ്മുടെ മനസ്സും ഹൃദയവും തുറക്കപ്പെട്ടേ എന്ന് പ്രാർത്ഥിക്കുന്നു.

The Lenten season



PALM SUNDAY



LAST SUPPER



GOOD FRIDAY



EASTER

Lent is the season of preparation before Easter. **The Lenten season is a time when we observe a period of fasting, repentance, moderation, self-denial and spiritual discipline.** The purpose is to set aside time for reflection on Jesus Christ – His passion, death and resurrection.

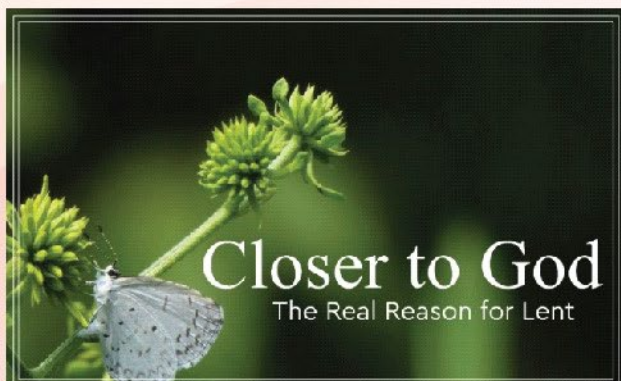
The core theme of this Lenten season in our parish is **“Ephphatha”** (meaning **‘Be Opened’**) . I pray that this Lenten period help us to rediscover our self, to open our mind and heart towards God and also towards our brothers and sisters.

Then Jesus told His disciples, ***“If anyone would come after me, he must deny himself and take up his cross and follow Me”*** [Mathew 16:24]. This is exactly the purpose of this season. Lent invite us to take up the cross and follow Jesus. As we know, every cross has two dimensions – vertical and horizontal. Vertical dimension reminds us the importance of loving God in our life, horizontal dimension reminds us the importance of loving our brothers and sisters. A cross is complete and meaningful only when these two dimensions progress as a single entity in our life. **“Ephphatha”** is a gentle reminder to open our hearts towards these two dimensions.

Time for a conversion in life:

Through our prayers, and sacrifices, when we try to follow the Saviour on the way of the cross in this lent, let us be reminded that this is the great time for a conversion within our self. The conversion asked of us in Lent is not something small, but radical and total. Lenten conversion is an exodus from the slavery of moral mediocrity to the high Christian standard of sanctity, defined as a faith-filled decision to seek to live wholly in communion with Jesus in all aspects of our life.

Let us **‘Be Opened’** for this great conversion, for the wonderful transformation in our life and become a true disciple of Jesus Christ.



[JOEL 2:12-13]

Yet even now, says the Lord,
return to me with all your heart,
with fasting, with weeping, and with mourning;
rend your hearts and not your clothing.
Return to the Lord, your God,
for he is gracious and merciful,
slow to anger, and abounding in steadfast love,
and relents from punishing.

Fast



Give



Prepare



Pray

സ്നേഹപൂർവ്വം നിങ്ങളുടെ വികാരിയച്ചൻ,
Fr. Manoj Ambalathinkal



" Ephphatha "
"Be Opened!"

Editorial

We feel blessed !

Few Months back when the idea of a parish bulletin was suggested for the first time within Santhome parish – like every first attempt – we were all unclear about the feat. We kept toying with the scope, format and framework – and above all the sustenance of the initiative. All what we had were good wishes and oodles of infectious energy from each one of you and unabridged encouragement from Manoj Achan .

Guided by the Holy spirit, today, after couple of releases of the bulletin – we are immensely surer and collected. This wouldn't have been possible without the unstinted goodwill, and shared wisdom from all of you. We are immensely grateful for that.

We assure you that we will continue to work with even greater enthusiasm for elevating the bulletin to the next orbits of spiritual growth of our parish community.

We need more feedback, chiding and occasional wrap on our knuckles from you in this journey of spiritual and literary togetherness.

Wish you all a holy Lenten season and a blessed Easter.

Parish Bulletin Committee

Advertisement rates in the Parish Bulletin For parishioners:

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Last but one page (C3) : Rs. 3500/-

Inside Full page : Rs. 2500/-

Inside Half Page : Rs. 1500/-

Inside Quarter Page : Rs. 750/-

For Those Outside our Parish 20% Additional charges on the rates specified above
For Details, Please contact;

Baiju Korath - 98454 44206 Sunil Varghese - 9886462575



**Holy Mass
Timings**

SUNDAY

6:30 AM, 9.00 AM & 5 PM

FRIDAY

6:30 PM

MONDAY, WEDNESDAY, THURSDAY, SATURDAY

6:30 AM

TUESDAY

6.30 AM (in Marillac Convent)

1) St Joseph's Feast : March 19, 2019 (Feast will be celebrated in our parish on March 17 Sunday Mass will be at 10 AM. There will be 'Ootunercha' arranged by Pithruvedi)

2) Lenten Parish Retreat April 5, 6 and 7, 2019
(Friday, Saturday and Sunday).

Retreat is led by Rev Fr. Sabu Kumbukal, Professor,
Sacred Heart College, Thevara, Kochi.

3) First Holy Communion : May 12, 2019

4) The Chrism Mass is one of the most solemn and important liturgies of the liturgical year, usually held in the diocesan cathedral in the Holy Week. We are blessed to have the Chrism Mass in our church this year on April 16 Tuesday at 6 PM. The holy oils used in the sacraments (baptism, confirmation, anointing of the sick, church consecration etc) throughout the year in all parishes under the Mandya diocese will be consecrated by our bishop Mar Antony Kariyil, during the Chrism Mass; Also our baptismal promises will be renewed and priests will reaffirm their ministry by renewing the promises made at their ordination.

5) March 26 is the birthday of the bishop Mar Antony Kariyil. We have to include one birthday wishes



Parish Auditorium:

As per the decision taken in the parish council on Dec 2, 2018,
Parish auditorium will be given for rent for smaller functions like birthdays,
at attractive rates.

Please contact the Trustees for details.

Jem Mathew: 96861 97255, **Nevin Toms :** 98451 59694,

Tom Thomas: 98456 52999, **Babu Avarachan:** 90601 61827

FEAST 2019



FEAST 2019



Feast Events - Winners with Vivar

Boys' Doubles



Amal Shaji & George Thomas

Girls' Doubles



Neha Johns & Niya Johns

Men Doubles



Simmi Joseph & Dawn Kottackal

Womens' Doubles



Sheena Philip & Gisha Delphi

Mixed Doubles



Simmi Joseph & Gisha Delphi

Football



West Zone

Bible Family



Jem Mathew & Family

Music Family

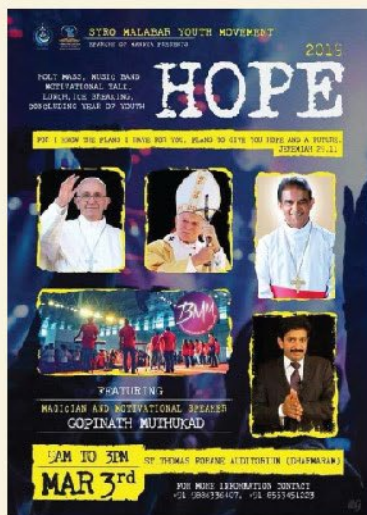


Fijo Jose & Family



Abhishekagni 2019 Retreat

Organized by Eparchy of Mandya Abhishekagni Retreat will be conducted from March 9 to 12, 2019 at Christ School ground, Dharmaram College, Near Dairy Circle, Bangalore - 29



Youth year celebrations in our diocese was concluded on March 3, 2019. All events on the concluding day was based on the theme **Hope 2019.**

ആദരാഞ്ജലി



Rev. Fr. Cyriac Francis

Rev. Fr. Cyriac Francis, the first priest ordained from Eparchy of Mandya passed away on 04 Feb 2019. Funeral was held on 06 Feb 2019 at St. Francis Church Marangattupally.

He was ordained to the priesthood on 01.05.2013 and had rendered his selfless service to the diocese as the secretary to the Bishop, Mandya, Education Commission Director, Vocation Promoter and as the Director of Gulabi Sadana, Ragimuddanahalli.

Our diocesan family keeps a lively memory of his edifying service to the diocese. May his soul Rest in Peace.



Blessed: this is the word with which Jesus begins his preaching in Matthew’s Gospel. And it is the refrain he repeats today, as if to fix in our hearts, more than anything, an essential message: if you are with Jesus, if you love to listen to his word as the disciples of that time did, if you try to live out this word every day, then you are blessed. Not you will be blessed, but you are blessed; this is the first truth we know about the Christian life. It is not simply a list of external prescriptions to fulfil or a set of teachings to know. The Christian life, first and foremost, is not this; rather, it is the knowledge that, in Jesus, we are the Father’s beloved children. The Christian life means living out the joy of this blessedness, wanting to live life as a love story, the story of God’s faithful love, he who never abandons us and wishes to be in communion with us always. This is the reason for our joy, a joy that no one in the world and no circumstance in our lives can take from us. It is a joy that gives peace also in the midst of pain, a joy that already makes us participate in that eternal happiness which awaits us. Dear brothers and sisters, in the joy of meeting you, this is the word I have come to say to you: blessed!

**APOSTOLIC JOURNEY OF HIS HOLINESS POPE FRANCIS
TO THE UNITED ARAB EMIRATES
(3-5 FEBRUARY 2019)**

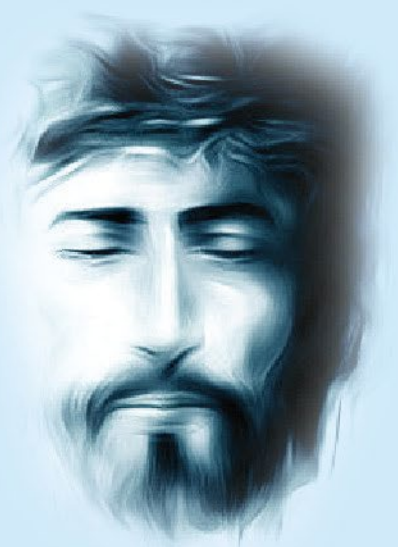


(...) People say that the difference between the written Gospel and the lived Gospel is the same difference between written music and performed music. You who are here know the Gospel's tune and you follow its rhythm with enthusiasm. You are a choir composed of numerous nations, languages and rites; a diversity that the Holy Spirit loves and wants to harmonize ever more, in order to make a symphony.

(...) Dear brothers and sisters, I want to tell you that living out the Beatitudes does not require dramatic gestures. Look at Jesus: he left nothing written, built nothing imposing. And when he told us how to live, he did not ask us to build great works or draw attention to ourselves with extraordinary gestures. He asked us to produce just one work of art, possible for everyone: our own life. The Beatitudes are thus a roadmap for our life: they do not require superhuman actions, but rather the imitation of Jesus in our everyday life. They invite us to keep our hearts pure, to practice meekness and justice despite everything, to be merciful to all, to live affliction in union with God. This is the holiness of daily life, one that has no need of miracles or of extraordinary signs. The Beatitudes are not for supermen, but for those who face up to the challenges and trials of each day. Those who live out the Beatitudes according to Jesus are able to cleanse the world. They are like a tree that even in the wasteland absorbs polluted air each day and gives back oxygen. It is my hope that you will be like this, rooted in Christ, in Jesus and ready to do good to those around you. May your communities be oases of peace.

(...) May Jesus, who calls you blessed, give you the grace to go forward without becoming discouraged, abounding in love "to one another and to all" (1 Thess 3:12).

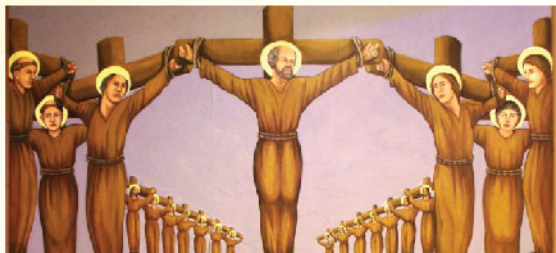
Editorial Team



"*Ephphatha*"
"Be Opened!"

Know the Saints: St. Paul Miki

Nagasaki, Japan, is familiar to Americans as the city on which the second atomic bomb was dropped, immediately killing over 37,000 people. Three and a half centuries before, 26 martyrs of Japan were crucified on a hill, now known as the Holy Mountain, overlooking Nagasaki.

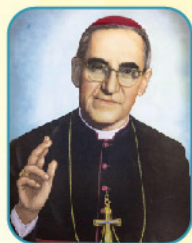


Among them were priests, brothers, and laymen, Franciscans, Jesuits, and members of the Secular Franciscan Order; there were catechists, doctors, simple artisans, and servants, old men and innocent children—all united in a common faith and love for Jesus and his Church.

Brother Paul Miki, a Jesuit and a native of Japan, has become the best known among the martyrs of Japan. While hanging upon a cross, Paul Miki preached to the people gathered for the execution: "The sentence of judgment says these men came to Japan from the Philippines, but I did not come from any other country. I am a true Japanese. The only reason for my being killed is that I have taught the doctrine of Christ. I certainly did teach the doctrine of Christ. I thank God it is for this reason I die. I believe that I am telling only the truth before I die. I know you believe me and I want to say to you all once again: Ask Christ to help you to become happy. I obey Christ. After Christ's example I forgive my persecutors. I do not hate them. I ask God to have pity on all, and I hope my blood will fall on my fellow men as a fruitful rain."

"*Ephphatha*"
"Be Opened!"

Know the Saints: St. Oscar Romero



In the bright morning sunlight of March 24 1980, a car stopped outside the Church of the Divine Providence. A lone gunman stepped out, unhurried. Resting his rifle on the car door, he aimed carefully down the long aisle to where El Salvador's archbishop, Oscar Arnulfo Romero, was saying mass. A single shot rang out. Romero staggered and fell. The blood pumped from his heart, soaking the little white disks of scattered host.

Romero's was the most outspoken voice against injustice in the recent times. He was the "voice of those without voice"!

The martyred Oscar Romero was made a saint on Sunday morning (Oct. 14,2018), alongside six other canonized church figures, including Pope Paul VI.
[Source: The Guardian]

"*Ephphatha*"
"Be Opened!"

Advice to Parents from
Fr. Saji Pariyappanal



മാതാപിതാക്കൾക്കായി സജി അച്ചന്റെ ഉപദേശങ്ങൾ

1. നല്ല നല്ല ബോധ്യങ്ങൾ കുട്ടികൾക്ക് കൊടുത്തു കൊണ്ടിരിക്കണം
2. മറ്റുള്ളവരുടെ വേദനകളും വിഷമങ്ങളും കുട്ടികളെ കാണിച്ചു കൊടുക്കണം.
3. കൊച്ചുകൊച്ചു പുണ്യപ്രവർത്തികൾ കുട്ടികളെക്കൊണ്ട് ചെയ്യിപ്പിക്കണം.
4. പ്രാർത്ഥിക്കുവാൻ അവരെ പഠിപ്പിക്കണം
5. പൈസ ധൂർത്തായി ചിലവാക്കുന്നതിൽ നിന്നും അവരെ തടയണം.
6. നമ്മോടു കൈ നീട്ടുന്നവരെ വെറുതെ വിടരുതേ, അവരെ നാം സഹായിക്കണം.
7. നമ്മുടെ ജീവിതമായിരിക്കാം മറ്റുള്ളവർ വായിക്കുന്ന ഒരേ ഒരു സുവിശേഷം. അത് ഏറ്റവും മാതൃകാപരമായിരിക്കണം.



25th Wedding Anniversary



Sony Joseph & Shaiji Joseph

Married life is a roller coaster experience. It is an agreement between the couple to complete the ride together by supporting each other and we believe we have kept up to the promise by loving each other and by living in one with the lord.

We thank lord almighty for giving us the strength to have completed 25 successful years of married life together and for all the blessings to us and our family.

Estd. 1997



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STEALING GOD'S TIME?

--Jjee Joseph--



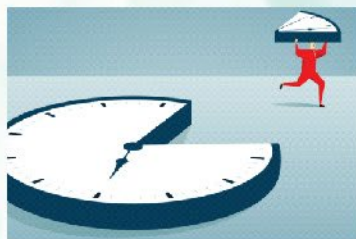
We are in a world where we don't have enough time for anything, but everyone in the world has 24 hours, nothing more or nothing less.

We tend to steal time from our family – yes, when we do the office work at home, we steal the time that we are expected to spend with them.

We tend to steal time from God as well . 'Stealing' time from God is easy as He may not question you immediately as the parents or Spouse or Boss does!!!

God gives us everything.

As Bible says "Nor is he served by human hands, as though he needed anything, since he himself gives to all mankind life and breath and everything" - Acts 17:25



Everything is his gift including the time. As required, we should give God what is due to God – one tenth of the 24 Hours –whatever time we spend for God, God will multiply and give back for sure.

During my years serving as Trustee in the parish, we had to spend lot of time in the Church. Today if I look back, I wonder how we were able to spend that much time for God without affecting anything at home or work. I strongly believe that, when we spend time for God, He spends much more time for us!

This is true for all other resources too.

" Bring the full tithe into the storehouse, so that there may be food in my house, and thus put me to the test, says the Lord of hosts; see if I will not open the windows of heaven for you and pour down for you an overflowing blessing." Malachi 3:10

Since God is the only provider and he owns all the resources of the world, every rupee in our bank account belongs to him. So, giving ten percent of our weath and all other resources makes perfect sense so that the remaining ninety percent will be blessed by him.



*At times we can be self-absorbed. Lord,
helps us to open our hearts to others and
to serve those who are most vulnerable*
Pope Francis

Adoration

In an apparition to St. Margaret Mary Alacoque, Jesus spoke these beautiful words: "I have a burning thirst to be honoured by men in the Blessed Sacrament." Go to adoration, even if it's just for 5 minutes. Jesus desires to be with you, to have you gaze upon Him, as He so lovingly gazes upon you.

We are Assured of God's Help

Do not fear, for I am with you,
do not be afraid, for I am your God;
I will strengthen you, I will help you,
I will uphold you with my victorious right hand.
[Isaiah 41:10]

Jesus the Great High Priest

14 Since, then, we have a great high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast to our confession. 15 For we do not have a high priest who is unable to sympathize with our weaknesses, but we have one who in every respect has been tested as we are, yet without sin. 16 Let us therefore approach the throne of grace with boldness, so that we may receive mercy and find grace to help in time of need. [St Paul letter to Hebrews, Chapter 4, verses 14-16]

The Divine Shepherd A Psalm of David [Psalm 23].



- 1 The Lord is my shepherd,
I shall not want.
- 2 He makes me lie down in
green pastures; he leads me
beside still waters;
- 3 he restores my soul.
He leads me in right paths for
his name's sake.
- 4 Even though I walk through
the darkest valley, I fear no
evil; for you are with me;
your rod and your staff—they
comfort me.

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Anointing of the Holy Spirit through a TV Show!



Merrill Jayson, Class VIII

The sick man did not lose his faith. He was exhausted, yet didn't give up his hope. He patiently sat down, switched on the television to 'shalom' channel with lot of faith. Yes, God worked miracle through '**Abishekagni**' in his life !



The title '**Abishekagni**' means anointing of the Holy Spirit. It is a wonderful program. It has been almost five years now since my family started watching it. It is indeed much more than a simple TV show; It help us to understand the power of the word of God in more depth and breadth, which can be applied to every situations of our life. Every time we hear any person expressing his/her gratitude to God through their testimonies, we feel our faith is getting deepened.

Abishekagni shows the power of our God and also conveys the meaning and interpretation of his divine word. This glorious gift of god is being given to us through the divine preaching of **Rev. Fr. Xavier Khan Vattayil**. His devotion to the word of god has been the most powerful component in making this show one of the most powerful medium of spreading god's love in this digital era. It is amazing to know that how millions of people are touched by God through this blessed program.

I request you to watch this program regularly. Most of the past episodes of '**Abishekagni**' are available in the YouTube.

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Best wishes



*Marita
&
Paul*

01-01-2019



Ephraim Kandamkulathy & Family

WHY ME?

Arthur Ashe, the legendary Wimbledon player was dying of AIDS which he got due to infected blood he received during a heart surgery in 1983.



From the world over, he received letters from his fan, one of them conveyed: "Why does God have to select you for such a bad disease?".

To this Arthur Ashe replied: The world over--50,000,000 children start playing tennis, 5,000,000 learn to play tennis, 500,000 learn professional tennis, 50,000 come to the circuit, 5000 reach the grand slam, 50 reach the Wimbledon, 4 to semi finals, 2 to finals. When I was the one holding the cup, I never asked god "Why me?".

And today in pain, I should not be asking GOD "why me?".

In the moments of suffering, do we ask God, 'Why me' or accept the sufferings with grace?



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In Loving Memory



MRS. MERCY EMMANUEL

DOB: 13-08-1952 | DOD: 15-02-2018

Remember me in your prayers

The prayer of st. Gertrude

Eternal Father, I offer Thee the Most Precious Blood of Thy Divine Son, Jesus, in union with the masses said throughout the world today, for all the holy souls in purgatory, for sinners everywhere, for sinners in the universal church, those in my own

"Ephphatha"
"Be Opened!"

Prayerful life gives you happiness and confidence

Pious Thomas
Associate Professor
T. John College, Bangalore



Acts 20:35 'In everything I did, I showed you that by this kind of hard work we must help the weak, remembering the words the Lord Jesus himself said: 'It is more blessed to give than to receive.'

Prayerful life is always happy and enriching. I do remember all difficult situations, I simply pray to Jesus, "Jesus, with your help I do, be with me". Even the simple work also may not be done, if we don't pray while doing. Prayer I mean is not loud, but in mind with a positive note. Prayer always makes you confident, not to worry about the consequences and gives you peace while doing. All your actions and words become prayer. A complete peace of mind and nothing to worry; a confidence is there in the presence of Jesus Christ. Let it be any place of our work, there is always the presence of our lord when we pray and do. Dale Carnegie, in one of his famous book 'How to stop worrying and start living' said, "in every situations of sorrow, ask two questions to yourself and answer it, your worries will go". 1. What am I worrying about? 2. What can I do about it?' Whenever I am in difficult situations, I ask God these questions, God always answers my questions. I get complete peace of mind and happiness in doing God's choices.

Ecclesiastes 3:22 so I saw that there is nothing better for a person than to enjoy their work, because that is their lot. For who can bring them to see what will happen after them? Real prayers start with praising God for all gifts given, protecting us from all sicknesses, accidents, and all dangers of life. There is nothing I have other than what God has given me. Many people complain that God didn't hear my prayer, or else why sickness is not gone? Why my demand is not fulfilled? Why am I not given the blessings etc? However, my question to everyone is that "Count your blessings that you have received without praying for it". You realize that there are countless blessings we receive from our father in heaven which we cannot even thank for. In his defense Jesus said to them, "My Father is always at his work to this very day, and I too am working" - John 5:17

Social Prayer

When we pray in a group, it impacts the community. Pray loudly with right tone; the vibration of our prayer enriches the environment and bring positivity in everyone who participates. I heard young people saying, "I usually pray, but when I pray, I don't show off". Remember our social responsibility is not only being good in oneself, but spread the goodness to others around us. Children learn from elders, their action, words and behaviour. One who doesn't show the virtuousness in public will not be spreading the positivity and right spirit to the young ones. Social prayer in churches or any other common place of worship is like 'Social Declaration'. Social declaration is you telling your near ones that you are going to do kind action for someone, or for a group of people. It is a powerful action by a citizen that affects the spirituality of the stakeholders of that action. The consequences of those actions are multiplier effect that is the power of positivity spread among the people. People start thinking positive, reject the negative and contribute for the well being of the needy. The students in colleges and universities are given the experiential learning by social action. The lessons learned by a person in social activities like helping the needy, uplifting the downtrodden, voice against social evil create the positive attitude in all involved. It is said, "Social problems occur in any society is not because of the violence of the bad people, but because of the silence of the good people". Our responsibility is to propagate the positivity among the people around us. To some extend as a Christian, I believe that it is my duty to proclaim the good news to everyone around me. Do not work for food that spoils, but for food that endures to eternal life, which the Son of Man will give you. For on him God the Father has placed his seal of approval - John 6:27

1 Timothy 4:10 - That is why we labor and strive, because we have put our hope in the living God, who is the Savior of all people, and especially of those who believe.
With prayerful wishes



"*Ephphatha*"
"Be Opened!"

അമ്മേ, ഒടുവിൽ ഒരു ചോദ്യം...



Ms. Shanitha Immanuel

ഒരു കണ്ണിൽ,
നീ ഇറ്റിച്ചു തന്ന അമ്മിഞ്ഞ പാലിന്റെ വെളുപ്പ്.
മറുകണ്ണിൽ,
അതേ മാറിലൂടെ ഒടുവിൽ ഒഴുകിയ
കറയില്ലാത്ത ചോരയുടെ ചുവപ്പ്.
ഈ മണ്ണിൽ,
തനിച്ചാകുന്നു; നിന്നിൽ നിന്ന് വേരുപിടിച്ച
ചില ചെടികളും,
പിന്നെ മക്കളും.
ഒരു കോണിൽ,
വെയിലത്തും കാവലായിനിന്ന
ആ കരുതലിൽ, വിയർപ്പിൽ,
പാതി പണിതീർന്ന കുറച്ചുവരുകൾ.

മറുകോണിൽ,
ഒരു ചോദ്യം ബാക്കിയാവുന്നു:

“എന്തെ മരങ്ങൾ പൂക്കുന്ന കാലത്തു നീ കൊഴിഞ്ഞു പോയി?”

ഉത്തരമില്ലാത്ത ഈ ചോദ്യചിഹ്നത്തെ
തലകീഴായി മറിച്ചു,
കൊളുത്തിയിടുന്നു അതിൽ
ചിരി നിലയ്ക്കാത്ത നിന്റെ മുഖചിത്രം!
നിന്റെ തിണ്ട കാവലും, കിതപ്പും,
അഴലും അലച്ചിലും,
കണ്ടുരച്ച അലു ചുവരുകളൊന്നിൽ!

നിന്റെ ചിത്രത്തിനു മുന്നിൽ,
കത്തുന്ന വിളക്കിന്റെ ചൂടാണ്,
ഇനിയെന്റെ വേനൽ!

ഞാൻ കിതച്ചു കയറിയ കുന്നിൽ നിന്ന്,
നീ ഇറങ്ങി പോയ വഴികളിലേക്കാണ് ഇനിയെന്റെ ജീവിതം!
കരിവിളക്കിലെ കെട്ട എണ്ണ പേർന്ന്
നീ വെളുപ്പിച്ചരാവുകൾക്കൊടുവിൽ,
ആവർത്തനവിരസതയിൽ തേഞ്ഞ,
കുറെ പകലുകൾക്കൊടുവിൽ,
നിന്നെ മെലിയിച്ച അടുപ്പിനും, അലക്കല്ലിനും,
അടുകുളയ്ക്കെയും അടുത്ത്,
ഒരു കണ്ണേറ്റ് മാറി,
നിന്നെ ഓർത്തു ദ്രവിയ്ക്കുന്നു.
നിന്റെ നിശ്ചലതയോളം
എന്നെ ഒറ്റപ്പെടുത്തുന്ന
മറുപടി വേറെ?

ഞാൻ...
നീ എന്ന അച്ചു തണ്ടിൽ തിരിയുന്ന ഭൂഖണ്ഡം!
നീ...
എന്റെ അടച്ചിട്ട മുറിയിൽ തുറന്ന ലോകം!

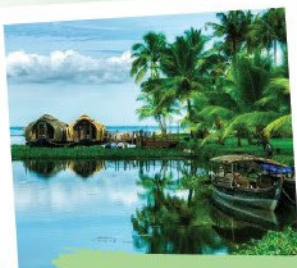
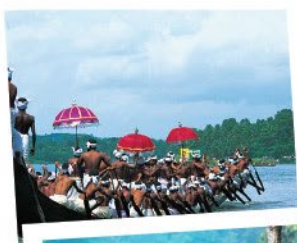
ഒളിക്കുന്ന നേരുകൾ പോലെ
ഇനി എത്ര നാൾ?



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നിൻതിരുമേനിയിൽ നിണവും നിണത്താൽ
നനഞ്ഞൊരു വസ്ത്രവും കാൺമുഞാൻ

[അന്നൊരു നാളിൽ...]

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നീയെന്നു കരുതി സ്നേഹം പകരാൻ
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നാഥാ മനസ്സെനിക്കേകണമേ

[അന്നൊരു നാളിൽ...]



Maalaakha

Children's Corner



Key Points that I learnt from catechism classes: (Students share their learning)

God has created us only because of one reason; the reason is God loves us. -

Leo George Sijo, Class VII

Obedying and living as per the Ten commandments is essential for attaining eternal life -

- Riya Joy, Class VII

The Commandments have literal meaning and inner meaning. There is a "don't do part" and there is a "do part" for every commandment. This understanding is important to decide whether we truly follow the commandment. -

- Saana Shijo, Class VII

Our body is the temple of God. We must keep it holy. -

- Evita Rose.

Denying the right is a sin in the eyes of the Lord. For example, an employee has the right for salary. If he is not given the deserving salary, justice is denied which is a sin.

- Mathew Thomas, Class VII

God is infinitely loving and powerful. If we believe this, we will have answer for all our spiritual doubts. -

- Nimisha

We must always feel happy about other's success; We should never feel jealous about it -

- Alan Francis Joseph

Jesus's name has salvific power. I will repeat Jesus' name several times a day -

- Jojitha

Jesus' love is love without selfishness, love that commits Himself for service of others; love without conditions; love that forgives even the enemy; it is a sacrificial love; love that leads everyone to God. I will also try to love others as Jesus loved.

– Neha Bobby

The greatest lesson I learned this year was God's Ten Commandments. This teaches us how to live a better life and please God forever. I will surely keep God's commandments in my life. We must always remember that the Holy Spirit dwells in us. –

- Shane Sebastian Benoj, III A

Jesus' love is love without selfishness, love that commits Himself for service of others; love without conditions; love that forgives even the enemy; it is a sacrificial love; love that leads everyone to God. I will also try to love others as Jesus loved. –

- Neha Bobby, VII B

Like the apostles who preached the Gospel everywhere, I shall pass on the Gospel message to all according to my state of life.

- Rose Maria Joy VIII std A

Jesus should be our role model. Just like Jesus, we should also obey God's commandments and be obedient to our parents.

- Nidhi Boby III A

I learnt about the Seven Sacraments, in this year, in catechism. Sacraments are the visible signs, which allow us to experience a personal relationship with God. I would participate in all the sacraments & ceremonies in the church.

- Eva Ajith, III B



Evita Rose Mathew, Class VII



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Farewell to 12 Std. Students



Full Attendance



Catechism Rank Holders – LP Section



Catechism Rank Holders – UP and HS



Special gift from Vicar for those who attended Holy Mass on everyday during Christmas Season.



Handmade Christmas Cards, for spreading the message of peace and love



CML – Mandya Diocese Prizes



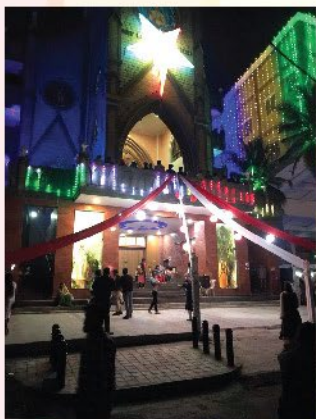
Cultural Event Winners

Santhome Youth

Crib by Youth: When the Christmas crib was constructed to remember the birth of the greatest saviour of humankind, we thought it would be appropriate to relate the theme to the selfless sacrifice done by the fishermen during the Kerala floods. After a lot of hard work and sleepless nights, the crib came out marvellous!

The annual church feast (in Jan 2019) too showcased the youth putting their best foot forward in all the preparations.

During the Year of Youth celebration in our diocese, the youth of our church created a niche for themselves by the excellent work done by them throughout the year. The Year of the Youth culminated with a Youth convention (**Hope 2019**) held at St Thomas Forane Church on March 3rd, 2019, in which there was excellent participation from our parish.





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മാതൃബദി

പരി. അമ്മയുടെ നീല കാപ്പായുടെ തണലിലായിരുന്നു കൊണ്ട്, മാതൃവേദിയുടെ പ്രവർത്തനകാലഘട്ടം തികച്ചും പ്രവർത്തനോത്സവവും ഹൃദ്യവുമായിരുന്നുവെന്ന് അറിയിക്കുന്നതിൽ സന്തോഷമുണ്ട്. ഇനിയും മാതൃകാപരമായി മുന്നോട്ടു പോകുവാനുള്ള സാഹചര്യം സർവ്വശക്തൻ നൽകട്ടേയെന്ന് പ്രാർത്ഥിക്കുന്നു.

ക്രിസ്തുവിന്റെ മൂല്യങ്ങളെ പിൻതുടർന്ന് നല്ല കുടുംബങ്ങൾക്ക് രൂപം നൽകുവാൻ സീറോ മലബാർ സഭയുടെ കീഴിൽ പ്രവർത്തിക്കുന്ന മാതൃവേദിയിലേക്ക് എല്ലാ അമ്മമാരേയും സ്നേഹപൂർവ്വം സ്വാഗതം ചെയ്യുന്നു. ഉയരങ്ങളിൽ ഇരുന്ന് നാം കാണുന്ന കാഴ്ചകൾക്കപ്പുറമാണ് താഴേക്കിറങ്ങി വരുമ്പോൾ നമുക്ക് അനുഭവപ്പെടുന്നത്. അതുകൊണ്ടുതന്നെ പറയട്ടെ, അമ്മമാരുടെ പരിമിതികൾ കാര്യമാക്കേണ്ട, മടിക്കേണ്ട, ചെറുതായിരുന്നു കൊണ്ട് നമുക്ക് വലിയ കാര്യങ്ങൾ ചെയ്യാം.

സസ്നേഹം മാതൃവേദി



Vidhyavanam Ashramam visit,
Bhoothanahalli, B. G.Road.



Mandya diocese,
Syro Malabar Mathruvedi
meeting at Mount Carmel church,
Carmalaram.

സനേഹസ്മരണകളോടെ

5-ാം ചരമ വാർഷികം

06-04-2019



റിസ്സി ജിമ്മി

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(പാർത്ഥനയോടെ....

ഭർത്താവ് ജിമ്മി ചെറിയാൻ

മകൾ റിഞ്ചു ജിമ്മി, ഹുളിമാവ് ബാംഗ്ലൂർ 76



Illuminous
IGNITE YOUR MINDS!

Who is a Christian Missionary?

There is a misconception in our society about the mission activities of the church. When people of other faith hear the word “missionary”, they think that missionaries are those Christians who forcibly convert others into Christianity. Is the conversion primary objective of Christian missionaries?

Answer is NO. The Catholic Church never sends a missionary to ‘bribe’ anyone and get them converted forcibly to Christianity. There may be isolated incidents where some religious groups do such unhealthy practices to achieve their personal goals. But, a true Christian missionary never gets into the practise of forced conversion.

So, who is a Christian missionary? A Christian missionary is an ambassador of Christ, one who is totally yielded to the Lord, loving Him with all of his heart, soul, mind, and strength. Specifically, a missionary is one whom God sends through the support of the Church to the unreached. In a broader sense, all Christians, are called to be missionaries of the Gospel. The Lord works through them to rescue the lost.

Missionaries do more than evangelism or preaching. Their directive from Jesus was to make disciples, not immature believers. Thus, a Christian missionary’s outreach involves evangelism, discipleship, and developing church communities. These main goals are accomplished in a variety of manners through different ministries and programs such as improved literacy, social justice, health care and economic development.

Catholic missionary work has undergone profound changes since the Second Vatican Council. It has prioritized social justice issues and focused on integrated human development than just evangelisation.

Just as [Mark 16:15-16] says, He said to them, "Go into all the world and preach the gospel to all creation. Whoever believes and is baptized will be saved". Those who believe only will be baptised. Christian missionaries are not sent to lure people based on food and money; people get attracted to Christianity seeing the gospel based life of missionaries which anyway nobody can prevent!

What is your view?

Sometimes our prayers are unanswered by God..what could be the reason? Share your thoughts...please send to santhome.bulletin@gmail.com Best reply will be published in the next edition of our parish bulletin. [From Editorial board]

Your Feedback:

We would like to hear your feedback on the parish bulletin to make it more interesting to all the parishioners. Please email to santhome.bulletin@gmail.com [From Editorial board]



Heartfelt thanks to Sr. Pushpa for her committed and dedicated service to our parish for the last ten months. We will pray for you to continue your spiritual journey, holy and pleasing to God always. (Sr Pushpa will leave for USA for her ministry in the month of May 2019).

പിതൃവേദി

New Committee members as below:

President- **Jais Joseph**
Vice President- **Davis Kallarackal**
Secretary- **Shijo George**

Jt. Secretary- Joy Puthuparambil
Treasurer- Thomas Antony

Feast of St. Joseph in our church will be celebrated on Sunday 17th March. As part of the feast celebration, Pithruvedi is arranging an Ottunercha after the 10 AM Holy Mass. All parishioners are invited.

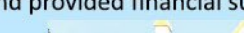
Pitruvedi supporting Kerala House Reconstruction project



SOCIETY OF ST. VINCENT DE PAUL

Activities of SSSP Santhome Conference (Dec. 2018 _ February 2019)

Organised Christmas cake sale, the proceeds used to fund the various charity initiatives that SSVF has been supporting such as financial support for children's education, medical help for the needy, supporting HIV affected children, providing monetary support for the adopted families etc.

- Visited adopted families and provided financial support.
 - Adopted one new family.
 - Active Participation in annual feast celebration
 - Organised outstation team building tour.
- 
- A group of seven men, including a priest in a black cassock and a man in a blue shirt, are standing in front of a white building with a yellow roof. A tall white chimney is visible on the left side of the building. The men are smiling and appear to be posing for a photo.
- The image shows a group of seven men standing in front of a white building with a yellow roof. A tall white chimney is visible on the left side of the building. The men are smiling and appear to be posing for a photo.





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