



MAR WALAH

Vol.02 Issue-09 May 2021 "MY LORD, MY GOD"

Santhome Church Bulletin, Hulimavu, Bangalore - 560 076



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VOL. 02 ISSUE 09 May 2021

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VICAR'S Message



“ഇലപൊഴിയും കാലങ്ങൾക്കപ്പുറം
തളിരണിയും കാലമുണ്ടതോർക്കണം....
ഇരുളാർന്ന രാവുകൾക്കുമപ്പുറം
പൂലരി തൻ ശോഭയുണ്ടതോർക്കണം.
കലിതുള്ളും തിരമാലക്കപ്പുറം
ശാന്തിനന്ദനും യേശുവുണ്ടതോർക്കണം
വിശ്വാസമോടെ നീ ദൈവത്തെ നോക്കിയാൽ
ഉത്തരം നൽകുമെന്നറിഞ്ഞിടേണം”

തിർത്തും അവിചാരിതമായി കടന്നുവന്ന ഈ ലോക്ക് ഡൗൺ കാലത്ത് നാമെല്ലാവരും കുറച്ചു അസ്വസ്ഥരാണ്. എങ്കിലും മേൽപ്പറഞ്ഞ ഗാനത്തിലെമ്പോഴും അമരത്ത് ഈശോയുള്ളപ്പോൾ നമുക്ക് വലിയ ഭയത്തിന്റെ കാര്യമില്ല. പ്രത്യാശയോടെ ഈശോയിൽ ആശ്രയിച്ചും വിവേകത്തോടും ഉത്തരവാദിത്വത്തോടും കൂടെ നമുക്ക് സഭയെയും മുന്നോട്ടു പോകാം. ഈശോയുടെ തിരുരക്തത്താൽ വാക്സിനേറ്റ് ചെയ്യപ്പെട്ട നാം, എല്ലാ വൈറസുകളെയും നിർവീര്യമാക്കുവാൻ ശക്തിയുള്ളവരാണ്.

2021 വർഷത്തിന് പല പ്രത്യേകതകളുമുണ്ട്. St Joseph Year, Family Year, and an year to deeply study and meditate the Apostolic Exhortation - Amoris Laetitia. സഭയിലൂടെ ഒഴുകുന്ന ദൈവ കരുണയുടെ വാതിലുകൾ കൂടുതൽ വിസ്തൃതമാക്കിക്കൊണ്ട്, വ്യക്തികളെ കൂടുതൽ മനസ്സിലാക്കുവാനും കുടുംബങ്ങളെ നവീകരിക്കുവാനും വിശ്വാസത്തിലും മൂല്യങ്ങളിലും ശക്തിപ്പെടുത്തുവാനും അതുവഴി കുടുംബങ്ങളിൽ സന്തോഷം നിറയുമ്പോൾ ആ സന്തോഷമാണ് സഭയുടെ സന്തോഷമെന്നു നമ്മെ പഠിപ്പിക്കുവാനും ഈ ആഘോഷങ്ങൾ വഴി മാർപാപ്പ ആഗ്രഹിക്കുന്നു. Family is the factory of hope - എന്നാണ് ഫ്രാൻസിസ് പാപ്പ നമ്മെ ഓർമ്മപ്പെടുത്തുന്നത്. “Please”, “Thank You”, “Sorry” എന്ന നമുക്ക് സുപരിചിതങ്ങളായ മാജിക് വാക്കുകൾ നമ്മുടെ ജീവിതത്തിൽ വരുത്തുന്ന വലിയ മാറ്റങ്ങളെക്കുറിച്ച് പാപ്പ നമ്മെ പഠിപ്പിക്കുന്നു.

ദൈവശാസ്ത്രത്തിന്റെ തലത്തിൽ മാത്രം നിൽക്കാതെ അജപാലനത്തിൽ അടിസ്ഥാനമിട്ടുകൊണ്ടു പാപ്പ എഴുതിയ ഈ ചാക്രിക ലേഖനം ക്രിസ്തു എന്ന മൂലക്കല്ലിൽ കുടുംബങ്ങളെ പണിതുയർത്തുവാനുള്ളതാണ് . Amoris Laetitia - യെ നന്നായി മനസ്സിലാക്കുവാൻ നമ്മൾ പല പ്രോഗ്രാമുകളും Family Apostolate ലൂടെ തയ്യാറാക്കുന്നുണ്ട് . എല്ലാവരും അതിലെല്ലാം സജീവമായി കുടുംബസമേതം പങ്കെടുക്കണമെന്ന് ഞാൻ ആഗ്രഹിക്കുന്നു.



പ്രത്യാശ നിറഞ്ഞ ഉയിർപ്പുകാലത്തിലൂടെ നാമിപ്പോൾ കടന്നു പോകുമ്പോൾ, ആ പ്രത്യാശ നമ്മിൽ നിറയാൻ ആഗ്രഹിച്ചുകൊണ്ട്, വീട്ടിലാണെങ്കിലും എല്ലാ ദിവസവും കുടുംബസമേതം സജീവമായി വിശുദ്ധ കുർബാനയിൽ പങ്കെടുക്കണമെന്ന് ഓർമ്മപ്പെടുത്തുന്നു. മാതാവിനായി സമർപ്പിച്ചിരിക്കുന്ന മെയ് മാസവും തിരുഹൃദയത്തിനായി സമർപ്പിച്ചിരിക്കുന്ന ജൂൺ മാസവും അതിന്റെതായ ഭക്തിയോടും ചൈതന്യത്തോടുംകൂടെ നിങ്ങളുടെ കുടുംബങ്ങളിൽ ആചരിക്കണമെന്നു സ്നേഹപൂർവ്വം അഭ്യർത്ഥിച്ചുകൊണ്ടു നിറുത്തുന്നു.

സ്നേഹപൂർവ്വം നിങ്ങളുടെ വികാരിയച്ചൻ,
Fr. Manoj Ambalathinkal





Faith During a Pandemic

The current pandemic has devastated the world beyond words. The loss of human lives has become a daily phenomenon. The mortality rate and the number of people infected with the disease is unprecedented. This is perhaps the biggest disaster ever witnessed by humans. We are all affected one way or the other. It may be the loss of a dear one, failure to make ends meet, or even loneliness and depression. These are adverse times that make us reflect on our spiritual beliefs.

Our church is closed and with no respite to the situation, we may feel that our prayers are being unanswered. These are indeed testing times! We must realise that prayer is not a bargain with the Lord or a request for a special cause. It is a meditation that helps us reflect on our blessings, establish a union with the Lord and also uncover solutions to our own problems. It is an anchor that keeps us close to God during turbulent times. Romans 12:12 reads *"Rejoice in hope, be patient in tribulation, be constant in prayer"*. ***Prayer should be an everyday necessity.***



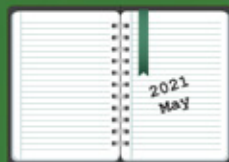
Faith in God is an oar that pushes us to hope for a better tomorrow. However, we must identify the line between faith and blind faith. There is a story of a deeply pious man who once fell off his boat. He was offered help by his fellow passengers but denied it claiming that God would help him. Eventually, the man drowned and lost his life, failing to realise that every help offered to him were God's actions. We must be careful that we are not blinded by faith and are failing to do our duties.

The present scenario demands us to follow the guidelines put forward by the concerned authorities. This includes restricting ourselves from attending the Holy Mass and receiving the Holy Eucharist. Do not view this as a hindrance to our belief. Instead, consider this as an opportunity to express our faith through actions. There are many among us who need help.

During these difficult times, our church was able to extend a helping hand by organising a vaccine camp. We also have an active Covid task force to help people affected by the virus. This is an example of how faith in God can be expressed through our actions.

"What good is it, my brothers, if someone says he has faith but does not have works? Can that faith save him? If a brother or sister is poorly clothed and lacking in daily food, and one of you says to them, "Go in peace, be warmed and filled," without giving them the things needed for the body, what good is that? So also faith by itself, if it does not have works, is dead"
James 2:14-17.





SUNDAY Holy Mass Timing
9.00 am (online through youtube live streaming)

Remembering the Passion of our Lord - Pictures from Holy Week - 2021





St Joseph Year Pilgrimage (by walk) to St. Joseph Church, Kalkare



Receiving Jesus into the Little Hearts... First Holy Communion 2021



Thanks to Rev. Sr. Salvia SCV (Marillac Home)
for her excellent service to Santhome Family.

FAREWELL TO Rev. Fr. Ronald Molesh

Heartflet thanks to **Rev. Fr. Ronald Molesh**
for his committed and dedicated service
to our parish for the last five Month.
We will pray for you to continue your spiritual
Journey, holy and pleasing to God always.



May - A Month Dedicated to Mother Mary



The most precious gift Jesus gave to humanity is sacrificing his own life for us. He also gave another precious gift to humans just before His death, 'Mother Mary'. He said from the cross " This is your Mother"(John 19:27). Catholic church love, honour and venerate Mother Mary throughout the year. October is the month dedicated to Mother Mary. In a similar way, it is a long standing tradition to specially pray to Mother Mary in the month of May as well, try to understand her life and values with a deep desire to bring those qualities in our life.

A few things that we can do in this special month are :

- [1] set up a "May Altar" at home with a statue or picture of Mary, and decorate it with flowers and candles.
- [2] Read "Vanakka Masam" - special prayers from May 1 to May 31, every day.
- [3] Sing a Marian Song .
- [4] Reflect up on Mother Mary's virtues.

Jesus love those who love and respect His Mother

IAN JEM
Class XI

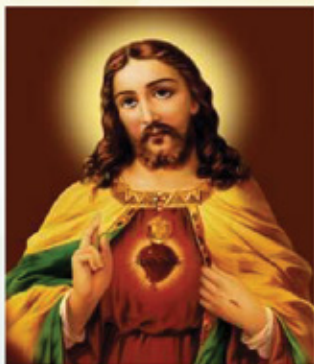


MONTH OF JUNE MONTH DEDICATED TO SACRED HEART OF JESUS

The prayer of the Church venerates and honors the Heart of Jesus just as it invokes his most holy name. It adores the incarnate Word and his Heart which, out of love for men, he allowed to be pierced by our sins. Christian prayer loves to follow the way of the cross in the Savior's steps.

— From the Catechism. P: 2669

Behold the Heart that has so loved men "Sacred Heart of Jesus" represents Jesus Himself. When we honour the "Sacred Heart of Jesus" we live in the heart of Jesus and Jesus will live in our hearts.



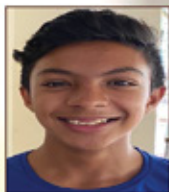
Twelve Promises of Jesus to Saint Margaret Mary

In the apparitions to **St. Margaret Mary Alacoque**, Jesus gives these twelve promises for those who are devoted to His Sacred Heart.

1. I will give them all the graces necessary for their state of life.
2. I will establish peace in their families.
3. I will console them in all their troubles.
4. They shall find in My Heart an assured refuge during life and especially at the hour of their death.
5. I will pour abundant blessings on all their undertakings.
6. Sinners shall find in My Heart the source of an infinite ocean of mercy.
7. Tepid souls shall become fervent.
8. Fervent souls shall speedily rise to great perfection.
9. I will bless the homes where an image of My Heart shall be exposed and honored.
10. I will give to priests the power of touching the most hardened hearts.
11. Those who propagate this devotion shall have their names written in My Heart, never to be effaced.
12. The all-powerful love of My Heart will grant to all those who shall receive Communion on the First Friday of nine consecutive months the grace of final repentance; they shall not die under my displeasure, nor without receiving their Sacraments; My heart shall be their assured refuge at that last hour.



Alvin Thomas



Joshua K Neethesh
Class X

THE PEOPLE'S POPE

Known as **'the People's Pope'** Pope Francis is the first Latin American to lead the Roman Catholic Church. Born in Bueno Aires in Argentina, he worked as a bouncer and janitor before training as a chemist and working as a technician in a food science laboratory. After recovering from serious illness, in which he lost a lung, he was inspired to join the Society of Jesus in 1958.

Following the resignation of Pope Benedict XVI on 28 February 2013, a papal conclave elected Bergoglio as his successor on 13 March. He chose Francis as his papal name in honour of Saint Francis of Assisi. Pope Francis has been noted for his humility, emphasis on God's mercy, international visibility as Pope and concern for the poor. He is credited to have a less formal approach to the Papacy than his predecessors. For instance, while popes usually reside in an upscale quarter (a tradition that lasted for over a century) pope Francis opted for a simple two-room apartment instead. He also dislikes the 'Popemobile' which is completely bullet-proof transportation used by the Popes. He prefers to be closer to the people and often is seen cruising in his Jeep Wrangler and Fiats. The Pope enjoyed

collecting stamps as a young boy and he is fond of listening to classical music and reading now.

How does a day in the life of Pope look like? Let's find out.

His day starts off at 4:30 AM and he begins his day by celebrating an Intimate Mass At 7 AM. He then has breakfast at 8 AM, where a few privileged guests usually accompany. If he doesn't have a day full of official meet-and-greets, Pope Francis goes back to the office home set up for him. The Pope busies himself with reading, reciting the rosary, or traveling to the Apostolic Palace to address formal audiences. Pope Francis usually returns to the Santa Marta dining room around 1 PM for lunch. The food served is in the style of a typical Italian trattoria. According to visitors, he's not a fussy eater at all, happily eats what is served to him , with just a slight inclination to meat dishes over those from fish. The Pope is very fond of one famous Italian specialty: pizza especially after watching his soccer team, San Lorenzo. He then takes a short nap. He squeezes in one hour of adoration before his 8 PM dinner. o Pope Francis loves anything sweet. His Argentinean friends often bring him Alfajores chocolate covered cookies filled with dulce de leche. His favourite beverage is an Argentinean tea called mate. Before he goes to bed, he makes sure to thank each and every one of the staff members personally. His bedtime is at around 9 PM but he likes reading for some time before he nods off.

Pope Francis is a perfect example of the humility and simplicity that have come to define his papacy. As a leader, his openness makes him seem able to speak to anyone, regardless of religion, sexual orientation and other circumstances. It's no wonder his popularity has transcended traditional categories truly making him everyman's pope.



www.mariana.org

Inspiring life of the Blessed Rani Maria

The life of Blessed Rani Maria is a story that tells us about the dedicated life and service of a missionary of God. Her life also teaches us about the incredible virtue of forgiveness that Jesus Christ asked his disciples to have when he said in Mathew chapter 18 verse 25 "Not seven times, but I tell you, seventy seven times".

Blessed Rani Maria was born in pulluvazhy, a small village in Kerala, on 29th of January 1954 as the second child of Paily and Eliswa Vattalil. She was baptized and given the name Mariam on the 5th of February 1954. She was fondly called as Marykunju by her dear ones. Her family was a simple peasant family and her parents were keen in bringing up their children in good faith. Even at a young age, she regularly attended the Holy Mass and was very dedicated to her catechism lessons. She practiced what she learned about Jesus in her day-to-day life. She grew up to be a special child of Jesus and felt the call of the Lord to embrace the consecrated life. Her frequent visits to the nearby Franciscan convent encouraged her to join the Franciscan Clarist Congregation.

Blessed Rani Maria joined the Franciscan Clarist Congregation on the 3rd of July 1971. She made her first profession on 1 May 1974 as "Rani Maria". All through this time her favourite prayer that she kept repeating was "Jesus". As a novice, she heard about the sufferings of the poor Dalits who were oppressed at the hands of their land lords in the Northern parts of India. She wanted to be a part of the Catholic missionaries who worked for the upliftment of these people. Embracing her urge for the service of the oppressed, she came to St. Mary's convent under the diocese of Bijnor on December 24 1975. Initially she served as a teacher. After her school hours she was engaged in social ministries through which she reached out to all the unprivileged children and the sick in the villages. She was a firm believer in education being the true emancipating force, salvaging these people from exploitation. So, she started to teach the children in the villages. Eventually she started a school for them in the village. Today this school serves as the only source of education for thousands of children in that area, who would have otherwise remained illiterate and oppressed.

After her service in Bijnor, she made her final profession of vows on 22 May 1980. Afterwards, she served the poor under the Diocese of Satna. All through her years of service she used to say "I want to serve these poor people and I am happy to die for them." On May 15th 1992, she was transferred to Snehasadan, Udhainagar. Here she focused on various mission activities aimed at the individual and social upliftment of the tribal people. She realized that the growth of these tribal communities was resented by some money lenders and social exploiters who for selfish motives ensured that they remained entrapped in debt always. Rani made them aware of their rights and the injustice meted out to them. This made her the enemy of the land lords and money lenders and they eventually plotted to eliminate Sr Rani Maria.

Sr Rani Maria attained the Crown of Martyrdom on 25 February 1995 when Samundar Singh murdered her in a bus she was travelling in to Indore. During the attack she recited the name of Jesus repeatedly until she laid her last breath as , a dedicated missionary of Christ fighting for the cause of the oppressed.

Her life and death led to a more glorious witness to Christ when, soon after her death, her sister visited Samundhar Singh in prison and her whole family forgave him and accepted him as a member of their family. The great display of forgiveness by the family of Sr. Rani Maria led Samundhar to deeply regret and repent about his crime. Samundhar Singh turned out to be a living monument of the selfless life of Sr. Rani Maria and forgiveness that our Lord taught us on the cross.

Sr. Rani Maria was beatified as a Blessed Martyr on the 4th of November 2017 at Indore by Cardinal Angelo Amato. She is now fondly remembered and referred to as "Indore Rani".

Anna Maria Cijo,

Class IX



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A JOURNEY TO DIVINE MERCY



Mimi Tresa Job

Saint Faustina quotes "All Grace flows from mercy even if a person's sins were as dark as night. God's mercy is stronger than the misery of man. Let the sinner set ajar the door of heart, be it ever so little, to let in a ray of God's merciful grace, and then God will do the rest." ***Mercy is the greatest attribute of God.***

Would like to throw light upon the wisdom found in the parable of the prodigal son. Each and every one of us has experienced a journey similar to the one of the prodigal son too, of choosing our own way over God's chosen way for us. In the New testament, the voice of heavenly father is resounded in the parable of the prodigal son which gives an insight into god's merciful will to forgive and save us through crucified Christ.

Parable of the prodigal son begins with a man who had two sons. Younger son asks his share of the property and went to a distant place and when the money runs out he finds himself in dire circumstances. The young man remembers his father and returns to him. he is overjoyed by the return of the lost son. Father decides to celebrate the return of his son but the elder brother got angry with it and refused to celebrate. Elder brother in the parable depicts those who are not able to forgive and accept sinners.

Here is the amazing truth.... God the Father opens up the kingdom of heaven again to all the poor sinners who approach him.

Where are we in the parable of prodigal son ? Are we lost and far from god? Also are we able to forgive and embrace our brethren thereby extending divine grace to our brethren with our whole heart in the mercy of our God who prayed for mercy who put him on the cross.

"Blessed are the poor in spirit, for theirs is the kingdom of heaven" (Matthew 5:3). Unless we see ourselves unworthy we cannot possibly call upon the grace of god. The biggest truth has to be that we are spiritually destitute, that is when we welcome Jesus into our hearts for us to be saved in his mercy and grace.

BLESSED

are the merciful, for they will receive mercy.



Manisha Jayson

When I was thinking about the fifth beatitude, ***“Blessed are the merciful, for they will receive mercy,”*** a real incident from World-War II which I came upon in the Internet came to my mind.

In the deadly war between the American and German forces, **Charlie Brown** was the Pilot of a B-17 American Bomber aircraft, which was flying over the German airspace during the World War II. After a successful bomb run, the B-17 was severely damaged by the German fighters. Brown and all his crew members were wounded and the aircraft engines were damaged. The bomber's internal systems failed, yet, it was flying, though at a slow speed. Brown's damaged bomber was spotted by **Franz Stigler**, a German fighter on the ground. He soon took off in his G-6 aircraft and quickly caught up with Brown's plane. Stigler was ready to shoot the enemy-aircraft. Then, through the damaged bomber's airframe, Stigler was able to see the injured and incapacitated crew. Stigler ***didn't open even a single fire*** at the crippled bomber. Instead, Stigler was successful in diverting them from the German airspace to another country where they would receive the right medical treatment. The War ended, and after several years Brown and Stigler met each other and lived as close friends for rest of their lives.

Stigler had every right to shoot and kill his enemy. Even then he decided not to shoot, rather he helped them.

Mercy, by definition, is the act of being compassionate and forgiving, even when the ***person on the other hand doesn't deserve it, and you may have complete power over the other person too.***

In terms of an overview:

- Mercy is something that we should express from our heart, unconditionally.
- Mercy is our response even when the receiver is not worthy of it.

- Mercy restores a broken person with a meaningful life.
- Mercy can define the character of our justice.
- Daily expressions of mercy express the nature of God's Heavenly Kingdom.
- Whatever sphere of life we operate in, we need a spirited wisdom that is pure, peace-loving, considerate, submissive, impartial, sincere and full of mercy (James 3.17).

Being merciful is a conscious decision, again something that doesn't come easily to humans, since a lot of our happiness and our ideas of success in modern era sometimes are about winning over or putting others down !

When we look at Jesus' life, we can see that his actions were filled with merciful compassion.

What did Jesus do when the adulteress woman was brought to him to be stoned and killed?

He could have allowed the punishment as per the law. Instead, as we read John 8:11, Jesus said, "Neither do I condemn you. Go your way, and from now on do not sin again". Jesus led her to repentance and renewed her sinful life through His merciful act.

Even on the Cross, Jesus extends his mercy to the repentant thief: "Today you will be with me in Paradise," he said. (Luke 23:43.)

Our God is infinitely merciful and since we are all created in the image and likeness of God, God expects us to be merciful to our fellow beings. God's loving kindness to us has given us the foundation and pattern for our kindness towards others. That is why Pope Francis said: "Wherever there are Christians, everyone should find an oasis of mercy."

Jesus, in this beatitude promises God's mercy on those who are merciful. In other words, our merciful character leads us to God's mercy, which in turn paves the way for eternal life in God.

Being kind ..showing mercy isn't easy ! However, this isn't impossible either. When we are filled with God's power and His Holy Spirit, which we receive by being part of the Holy Sacraments and by leading a life of prayer and kindness , that's when we embrace mercy to others in our souls.



വി. യൂദാശ്ശീഹായുടെ നൊമ്പന

മിശിഹായുടെ സ്നേഹിതനും വിശ്വസ്ത ദാസനുമായ വി. യൂദാശ്ശീഹായേ, ഏറ്റവും കഷ്ടപ്പെടുന്ന എനിക്കുവേണ്ടി അപേക്ഷിക്കേണമേ. യാതൊരു സഹായവും ഫലസിദ്ധിയില്ലാതെ വരുന്ന സന്ദർഭത്തിൽ ഏറ്റവും ത്വരിതവും ഗോചരവുമായ സഹായം ചെയ്യുന്നതിന് അങ്ങയ്ക്ക് വിശേഷ വിധിയായി കിട്ടിയിരിക്കുന്ന അനുഗ്രഹത്തെ അങ്ങ് ഉപയോഗിക്കേണമേ. എന്റെ എല്ലാ ആവശ്യങ്ങളിലും വിശിഷ്ട (ആവശ്യം പറയുക) അങ്ങേ സഹായം ഞാനപേക്ഷിക്കുന്നു. ഭാഗ്യപ്പെട്ട യൂദാശ്ശീഹായേ, അങ്ങേ ഈ അനുഗ്രഹത്തെ ഞാൻ സദാ ഓർക്കുമെന്നും അങ്ങേ സ്തുതികളെ ലോകമെങ്ങും അറിയിക്കുമെന്നും ഞാൻ വാഗ്ദാനം ചെയ്യുന്നു. ആമേൻ.

**THANKS GIVING
BY SANTHOSH PETER AND FAMILY**



Ms. RAVEENA

B Arch, RV College

Parents:

Dr Ravi & Dr. Reena

Contact:

9886780152

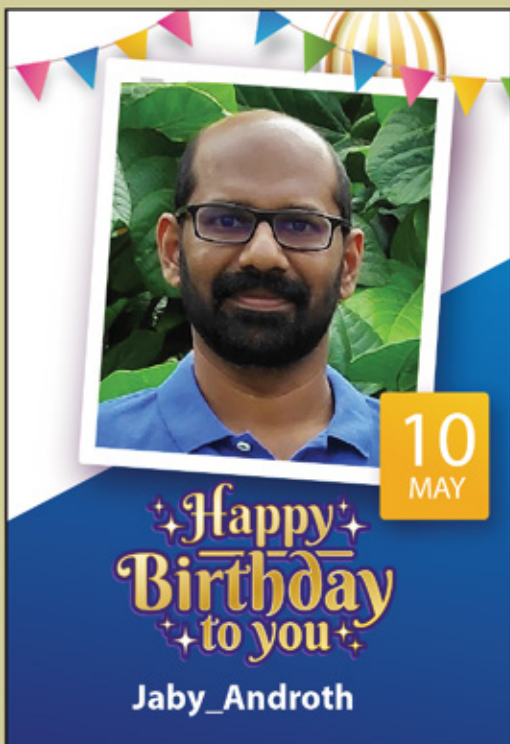


06-05-2021

HAPPY

BIRTHDAY

Ann Treasa Jais



10
MAY

Happy
Birthday
to you

Jaby_Androth



20
MAY

Happy
Birthday
to you

Tony Alex



21
MAY

Happy
Birthday
to you

Shiny Dominic

DIVINE MERCY *Sunday*



Albert Shajan, Class XII

"Souls perish in spite of My bitter Passion. I am giving them the last hope of salvation; that is, the Feast of My Mercy. If they will not adore My mercy, they will perish for all eternity... tell souls about this great mercy of Mine, because the awful day, the day of My justice, is near." - Diary 965.

Divine Mercy Sunday (also known as the Feast of the Divine Mercy) is celebrated on the Second Sunday of Easter, which concludes the Octave of Easter. It is originally based on the Catholic devotion to the Divine Mercy that Faustina Kowalska reported as part of her encounter with Jesus, and is associated with special promises from Jesus and indulgences issued by the Catholic Church. The feast of Divine Mercy, according to the diary of Kowalska, receives from Jesus the biggest promises of grace related to the Devotion of Divine Mercy, in particular that a person who goes to sacramental confession (the confession may take place some days before) and receives holy communion on that day, shall obtain the total expiation of all sins and punishment. That means each person would go immediately after death to heaven without suffering in purgatory.

DIVINE MERCY:-

The Divine Mercy is a form of God's compassion, an act of grace based on trust or forgiveness. In Catholicism it refers specifically to a devotion which had its origin in the apparitions of Jesus Christ received by Saint Faustina Kowalska, in the early 20th century, in Poland. Divine Mercy is a devotion to Jesus Christ associated with the apparitions of Jesus to Saint Faustina

Kowalska. The venerated image under this Christological title refers to what Kowalska's diary describes as "God's loving mercy" towards all people, especially for sinners. Kowalska was granted the title "Secretary of Mercy" by the Holy See in the Jubilee Year of 2000. Kowalska reported a number of apparitions during religious ecstasy which she wrote in her 1934-1938 diary, later published as the book *Diary: Divine Mercy in My Soul*. The two main themes of the devotion are to trust in Christ's endless goodness, and to show mercy to others acting as a conduit for God's love towards them.

The primary focus of the Divine Mercy devotion is the merciful love of God and the desire to let that love and mercy flow through one's own heart towards those in need of it. As he dedicated the Shrine of the Divine Mercy, Pope John Paul II referred to this when he said: "Apart from the mercy of God there is no other source of hope for mankind".

There are seven main forms of this devotion:

1. The Divine Mercy image with the specific inscription Jesus, I trust in You.
2. The commemoration of the Feast of the Divine Mercy Sunday.
3. The recitation of the Chaplet of the Divine Mercy.
4. The recitation of the Divine Mercy novena.
5. The designation of the Hour of Mercy at 3:00 a.m. or p.m.
6. Spreading mercy by word, deed, or prayer.
7. The spreading of works of mercy to the whole humanity, in preparation for the return of Jesus Christ to Earth.

In her diary Kowalska wrote that Jesus specified 3:00 p.m. each day as the hour at which mercy was best received, and asked her to pray the Chaplet of Mercy and venerate the Divine Mercy image at that hour. On October 10, 1937, in her diary (Notebook V, item 1320) Kowalska attributed the following statement to Jesus:

"As often as you hear the clock strike the third hour immerse yourself

completely in My mercy, adoring and glorifying it, invoke its omnipotence for the whole world, and particularly for poor sinners, for at that moment mercy was opened wide for every soul."

The time of 3:00 p.m. corresponds to the hour at which Jesus died on the cross. This hour is called the "hour of Divine Mercy" or the "hour of great mercy".

The Divine Mercy devotion views mercy as the key element in the plan of God for salvation and emphasizes the belief that it was through mercy that God gave his only son for the redemption of mankind, after the fall of Adam. The opening prayer for Divine Mercy Sunday Mass refers to this and begins: "Heavenly Father and God of Mercy, We no longer look for Jesus among the dead, for He is alive and has become the Lord of Life".

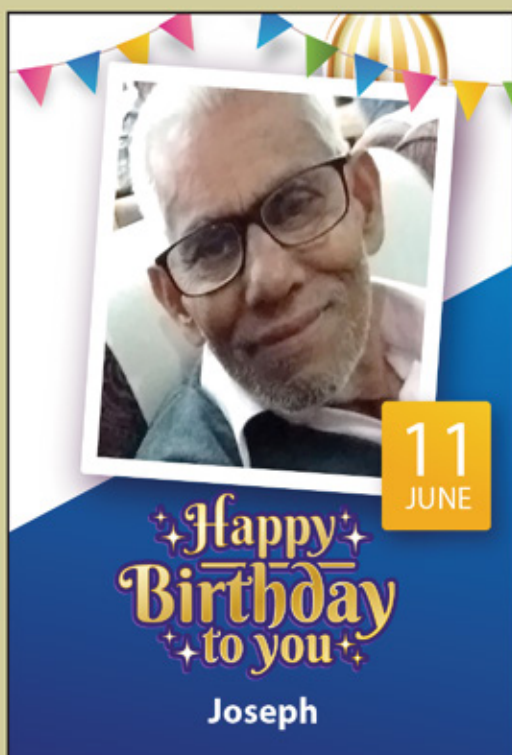
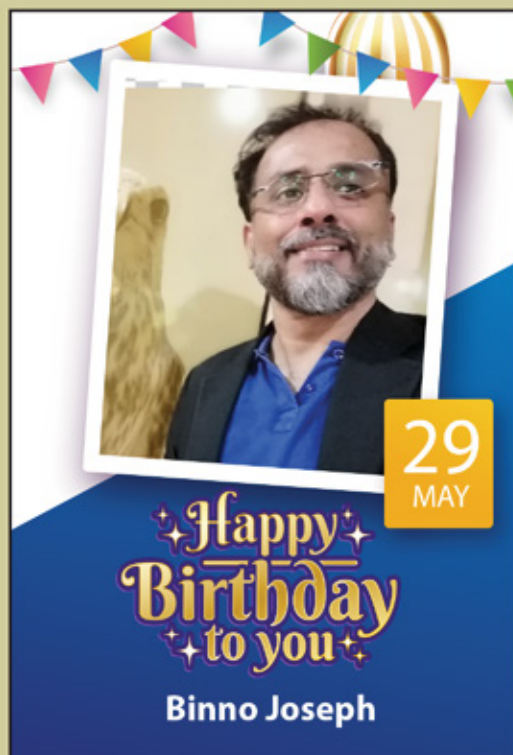


Saint Faustina Kowalska

"The two rays represent blood and water".[25] These colors of the rays refer to the "blood and water" of the Gospel of John (John 19:34) which are also mentioned in the optional prayer of the Chaplet. The words "Jesus I Trust in Thee" usually accompany the image (Jezu Ufam Tobie in Polish).

The original Divine Mercy image was painted by Eugene Kazimierowski in Vilnius, Lithuania, under Kowalska's direction. However, according to her diary, she cried upon seeing that the finished picture was not as beautiful as the vision she had received, but Jesus comforted her saying, "Not in the beauty of the colour, nor of the brush is the greatness of this image, but in My grace".





Hearty Welcome to
Mother Sr. Ancita SCV (Marillac Home)





Selfless Love

The Christian way!



JAYSON

“Sholay” one of the best movies of Bollywood that broke all the collection records of its time had Amitabh Bachan and Dharmendra, in lead roles as very close friends . In the movie, they are seen to be keeping a coin to toss – well, the coin belongs to Bachan and he wins the toss every single time too - when they are at loss for deciding on something. In the climax scene the decision is about who should stay back risking own life fending off the enemy, while the other one gets to the village to get more reinforcements. Bachan takes the coin from his pocket and expectedly gets the toss in his favour and sets out to fight the villains, and by the time Dharmendra is back, is already fatally wounded nearing his last breath ..only then Dharmendra finds out that the coin had heads on both the sides!

If that was from a movie – the following are slices from life..

Two weeks back, a blind-mother and her little child while walking on the railway platform in Mumbai, the mother lost control of the child and the little one fell on to the track. It was then that a railway employee spotted the express locomotive fast approaching the helpless child on those tracks. Staking his very life, he hurled himself on the rails and saved the child in the nick of time , barely staying alive himself....!

Recently, a road in Rome got named after a Malayali nun in honour of her selfless service during the Covid crisis. Sister Teresa Vettath became the pride of Kerala after the road near the surgery head office of Mother Josephine Vannini hospital in Rome was named after her. The Rome city authorities had honoured Sister Teresa on Women's day for singularly supporting the patient care covering the highest number of Covid patients by any volunteer.

Surely there are many more who are unsung, performing such and other excellent acts of selflessness, courage and love, especially during this pandemic. They risk their own life to save us - they are the ambassadors of selfless love which Jesus shown to us through His life!

Heartfelt Condolences and Prayers



AK Joseph Adapoor (64)
St. Francis Assisi Unit

DECEMBER 8, 2020 - DECEMBER 8, 2021



Beena Philip

യൗസഫിതാവിനോടുള്ള തീക്ഷ്ണതയേറിയ സ്നേഹം കൊടുത്തുകൊണ്ട്, ആ ആത്മാവിനെ യൗസഫിതാവുമായി ഐക്യപ്പെടുത്തുന്നു"- വി. പീറ്റർ ജുലിയൻ .

വിശുദ്ധിയുടെയും സൗന്ദര്യത്തിന്റെയും പ്രതീകങ്ങളായ ലില്ല്വി പൂക്കൾ കരങ്ങളിലേറിയ വി. യൗസേപ്പിനോട്....മാതാവിനെയും ഉണ്ണിയേശുവിനെയും കഴുത പുറത്തിരുത്തി നടന്നുപോകുന്ന വാത്സല്യനിധിയായ ഒരു പിതാവ്, മരുന്നില്ലെങ്കിൽ കുടുംബം പൂജർത്തിയിരുന്ന ഒരു സാധാരണക്കാരൻ... അങ്ങിനെ പോകുന്നു യൗസേപ്പിനോടൊന്നിച്ച് ജീവിക്കുക!

വി. യൗസേപ്പിതാവിനെ മനസ്സിലാക്കുക അത്ര എളുപ്പമല്ല. ദൈവികരഹസ്യങ്ങളാൽ നിറഞ്ഞതാണ് യൗസേപ്പിതാവും മാതാവും അവരുടെ ദാമ്പത്യ ബന്ധവും.

ദൈവത്തിന്റെ ആർദ്രമായ സ്നേഹമാണ് യേശു യൗസേപ്പിനോട് കണ്ടത്. യേശുവുമായുള്ള ബന്ധത്തിൽ സ്വർഗ്ഗീയപിതാവിന്റെ ഭൗമീകമായ നിഴൽപോലെയായിരുന്നു വി. യൗസേപ്പ്. തന്നിഷ്ടമനുസരിച്ച് ഒന്നും ചെയ്യാതെ ദൈവപിതാവിന്റെ ആഗ്രഹത്തിനനുസരിച്ച് ഉണ്ണിശോയെ അദ്ദേഹം വഴി നടത്തി... ഉണ്ണിക്കു തണലേകി... ഉണ്ണിയെ സംരക്ഷിച്ചു . ഇസ്രായേൽ ജനതയോട് മോശ പറഞ്ഞ വാക്കുകൾ ഇവിടെ നമുക്ക് ബന്ധിപ്പിച്ചു ചിന്തിക്കാവുന്നതാണ് . “ഒരു ശിശുവിനെ ചുമക്കുന്നതുപോലെ നിങ്ങളുടെ യാത്രയിലുടനീളം, വസ്ത്രതലിയിലൂടെ, ദൈവം നിങ്ങളെ നയിച്ചു”. ഇതിന് സമാനമായ രീതിയിലാണ് ഒരു പിതാവ് എന്ന നിലയിൽ ജീവിക്കേണ്ടതും മുമ്പുവർ വി. യൗസേപ്പ് സമർപ്പിച്ചത്.

ആഗോള സഭയുടെ മദ്ധ്യസ്ഥനായി വി. യൗസേപ്പിതാവിന്റെ പ്രഖ്യാപിച്ചതിന്റെ 150-ാം വാർഷികം 2020 Dec 8 മുതൽ 2021 Dec 8 വരെ ആചരിക്കുന്നതിന്റെ ഭാഗമായിട്ടാണ് ഫ്രാൻസിസ് മാർപാപ്പാ തിരുക്കുടുംബ പാലകനെ സംബന്ധിച്ച - Patris Corde - പിതാവിൻറെ ഹൃദയം എന്ന അപ്പസ്തോലിക ലിഖിതം പ്രകാശിപ്പിച്ചത്. Pope says, "A father is a real father when he becomes like Joseph, who always knew that his child was not his own but had merely been entrusted to his care. Genuine fatherhood has nothing to do with possession; a real father is a shadow on earth of our heavenly Father, a shadow that follows his Son".

പത്താം പിയൂസ് മാർപാപ്പയാണ് വി. യൗസേപ്പിതാവിനെ ആഗോള സഭയുടെ മദ്ധ്യസ്ഥനായി പ്രഖ്യാപിച്ചത്. ഇത് കൂടാതെ പന്ത്രണ്ടാം പിയൂസ് മാർപാപ്പ അദ്ദേഹത്തെ തൊഴിലാളികളുടെ മദ്ധ്യസ്ഥനായും, ജോൺപോൾ രണ്ടാമൻ മാർപാപ്പ രക്ഷയുടെ സഹായകനായും, സഭയുടെ മതബോധന ഗ്രന്ഥത്തിൽ നന്മനണത്തിന്റെ മധ്യസ്ഥനായും പ്രഖ്യാപിപ്പിക്കുന്നു.

നാലു സുവിശേഷങ്ങളിലും "യൗസേപ്പിതാവിന്റെ പുത്രൻ" എന്ന് പരാമർശിക്കപ്പെടുന്ന യേശുവിനെ വി. യൗസേപ്പ് സ്നേഹിച്ചത് ഒരു പിതാവിൻറെ ഹൃദയത്തോടെ ആയിരുന്നു. തന്റെ ജീവിതവും പ്രവർത്തികളും തിരുക്കുടുംബത്തിനായി സമർപ്പിച്ചുകൊണ്ട് വി. യൗസേപ്പ് കുടുംബനാഥനായി രാപകൽ പ്രവർത്തിച്ചു. രക്ഷാകര പദ്ധതിയുടെ പൂർത്തീകരണത്തിനായി അദ്ദേഹം സ്വയം സമർപ്പിച്ചു എന്നാണ് വി ക്രിസ്തോസ്, വി. യൗസേപ്പിതാവിനെ കുറിച്ച് പറഞ്ഞു വെക്കുന്നത്.

നീതിമാനും സംരക്ഷകനും വിശ്വസ്തനും ശാന്തശീലനുമായ ആ പുണ്യാത്മാവിന്റെ ജീവിതത്തെ കൂടുതൽ മനസ്സിലാക്കുവാനും ആ നന്മകൾ നമ്മുടെ ജീവിതത്തിലേക്ക് പകർത്തുവാനും ഈ പുണ്യ വർഷം നമ്മെ സഹായിക്കട്ടെ.

വി. യൗസേപ്പിതാവിനെപ്പോലെ നമുക്കും മറ്റുള്ളവരെ വളർത്തുന്നവരാകാം..
മറ്റുള്ളവരെ സംരക്ഷിക്കുന്നവരാകാം ...
(to be continued in the next edition)



Sunday May 9 is Mother's Day.

Thank you dear mothers for your love!

May 13 - Ascension of our Lord

May 23 - Feast of Pentecost

May 30 - Feast of Holy Trinity

June 3 - Feast of Holy Eucharist

June 11 - Feast of Sacred Heart of Jesus



Ronald Acha, These spiritually enriching five months of your time in Santhome was a great blessing for us..We thank you and wish you all the best.

Santhome Parish Children and Youth



coconut cake recipe | eggless sponge cake with desiccated coconut

INGREDIENTS

FOR CAKE

- cup (100 grams) butter, room temperature
- 1 cup (230 grams) sugar
- cup (190 ml) coconut milk
- cup (60 ml) buttermilk
- 1 tsp vanilla extract
- 2 cup (300 grams) malda / plain flour
- 1 tsp baking powder
- tsp baking soda
- tsp salt

FOR FROSTING:

- 2 cup whipping cream, 35% milk fat
- cup powdered sugar / icing sugar
- 1 tsp vanilla extract
- 1 cup desiccated coconut
- few cherry, for garnishing

INSTRUCTIONS

firstly, In large mbdng bowl take $\frac{1}{2}$ cup butter and 1 cup sugar.

beat well until the butter and sugar mixture turns creamy.

now add $\frac{1}{4}$ cup coconut milk, $\frac{1}{4}$ cup buttermilk and 1 tsp vanilla extract.

beat until everything is combined well.

place a sieve and add 2 cup malda, 1 tsp baking powder, $\frac{1}{2}$ tsp baking soda and $\frac{1}{4}$ tsp salt.

sieve the flour making sure there are no lumps.

mix well using cut and fold method.

pat twice to remove the air incorporated into the batter.

place the cake tray into the preheated oven. bake the cake at 180 degree celsius or 356 degrees fahrenheit for 45 minutes.

spread the whipped cream over sides making sure its uniformly spread.

sprinkle desiccated coconut over top and sides.

finally, enjoy coconut cake recipe garnished with cherry.



Julie Babu



അടിയുറച്ച ബോധ്യമുണ്ടാവട്ടെ

വീട്ടിലെയും കൃഷിസ്ഥലത്തെയും ആവശ്യങ്ങൾക്ക് ഒരു കഴുതയെ വാങ്ങുവാനായി അപ്പനും മകനും കൂടി നഗരത്തിലെത്തി. തങ്ങൾക്കിഷ്ടപ്പെട്ട ഒരു കഴുതയെ വാങ്ങി അതിന്റെ പുറത്തുകയറി ഗ്രാമത്തിലേക്ക് യാത്രയാരംഭിച്ചു. 'ഹോ അയാൾ കഴുതയെ കഷ്ടപ്പെടുത്തുകയാണല്ലോ!' അതുകേട്ട അപ്പൻ കഴുതപ്പുറത്തുനിന്നിറങ്ങി, നടന്നുതുടങ്ങി. അതുകണ്ടവർ പറഞ്ഞു: 'കണ്ടില്ലേ, യാതൊരു ഗുരുത്വവുവിലാത്ത മകൻ. അവൻ അപ്പനെ നടത്തിക്കുകയാണ്'. ഇതുകേട്ടപ്പോൾ, അപ്പൻ മകനെ താഴെയിറക്കി, കഴുതപ്പുറത്തുകയറി യാത്രതുടർന്നു ഇതുകണ്ട ജനം പറഞ്ഞു: 'എത്ര ക്രൂരനായ പിതാവാണ്, ആ പാവം ബാലനെ നടത്തിച്ചിട്ട് അയാൾ സുഖമായി യാത്ര ചെയ്യുന്നതുകണ്ടില്ലേ.' ഈ വർത്തമാനങ്ങൾ കേട്ടുമടുത്ത അപ്പനും മകനും കൂടി കഴുതയേയും ചുമന്ന് നടക്കാൻ തുടങ്ങി.

നമ്മളെന്തു ചെയ്താലും വിമർശിക്കാനായി ഒരു കുട്ടം ആളുകൾ ഉണ്ടാകും. ആ വിമർശനങ്ങൾക്ക് ചെവി കൊടുക്കാതെ, കർമ്മം ചെയ്യുക, എന്നതാണ് നമ്മുടെ ദൗത്യം. അപരന്റെ അഭിപ്രായമല്ല നിന്റെ ബോധ്യമാണ് പ്രധാനപ്പെട്ടത്.



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സ്നേഹത്തിന്റെ കരങ്ങൾ

ഒരിക്കൽ ഒരു നഴ്സറി ക്ലാസ്സിലെ അധ്യാപിക തന്റെ കുട്ടികൾക്ക് ഒരു ഹോം വർക്ക് നൽകി. ഹോം വർക്ക് ഇതായിരുന്നു. 'നിങ്ങൾ ഓർക്കുമ്പോൾ നിങ്ങളുടെ മനസ്സിൽ നന്ദി തോന്നുന്ന ഒരു വസ്തുവിന്റെ ചിത്രം വരച്ചുകൊണ്ടുവരിക.' പിറ്റേ ദിവസം പല കുട്ടികളും ഭക്ഷണ സാധനങ്ങളുടെയും, പലഹാരങ്ങളുടെയും ചിത്രം വരച്ചുകൊണ്ടുവന്നു. എന്നാൽ ഒരു കുട്ടിമാത്രം വരച്ചത് ഒരു കൈയുടെ ചിത്രമായിരുന്നു. അത് എല്ലാം നൽകുന്ന ദൈവത്തിന്റെ കരം ആകാമെന്നും അല്ലെങ്കിൽ സ്വന്തം അമ്മയുടെ കൈ ആകാമെന്നും പലകുട്ടികളും അഭിപ്രായപ്പെട്ടു. എന്നാൽ യാലും ക്ലാസ്സിലെ തിരക്കുകൾ കഴിഞ്ഞ് അധ്യാപിക പടംവരച്ച കുട്ടിയുടെ അടുത്ത് ചെന്ന് ചോദിച്ചു: 'മോൻ ആരുടെ കൈകളാണ് വരച്ചത്?' അവൻ മുഖമുയർത്താതെ തന്നെ മറുപടി പറഞ്ഞു: 'ടീച്ചറുടെ തന്നെ.'

വാത്സല്യത്തോടെ ചുമലിൽ സ്പർശിച്ചും, കരങ്ങളിൽ പിടിച്ചും, നെറുകയിൽ തലോടിയുമൊക്കെ കുട്ടികളെ ക്ലാസ്സിലേക്ക് പ്രവേശിപ്പിച്ചിരുന്ന അധ്യാപികയുടെ കരങ്ങൾ ചെറുപ്പത്തിലേ അമ്മ നഷ്ടമായ ആ കുഞ്ഞിന് എപ്പോഴോ തന്റെ അമ്മയുടെ കരങ്ങളായി മാറി. അതു കൊണ്ടാണ് ആ കുഞ്ഞ് ഓർക്കുമ്പോൾ നന്ദി തോന്നുന്ന ആ കൈകൾ വരച്ചത്.

മറ്റുള്ളവർക്ക് നന്ദിയുടെയും സ്നേഹത്തിന്റെയും സന്തോഷത്തിന്റെയും ഓർമ്മകൾ നൽകുന്ന താകട്ടെ നമ്മുടെ ജീവിതം.



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വസന്തം വിരിയിക്കുന്നവർ

ഒരു ഗ്രാമത്തിൽ, മനോഹരമായ ഉദ്യാനങ്ങളെ സ്നേഹിക്കുകയും അവ നട്ടുവളർത്തി പരിപാലിക്കുകയും ചെയ്തിരുന്ന അഹങ്കാരിയായ ഒരു യുവതി താമസിച്ചിരുന്നു. തന്റെ ഉദ്യാനങ്ങളേക്കുറിച്ച് അവൾ അഹങ്കരിക്കുക മാത്രമല്ല അയൽപക്കക്കാരിൽ അസുയ ഉണ്ടാക്കട്ടെ എന്നൊരു ചിന്തയും അവളുടെ മനസ്സിലുണ്ടായിരുന്നു. അങ്ങനെയിരിക്കെ, ഒരു ദിവസം അത്യപൂർവ്വമായ ഒരു ചെടിയേക്കുറിച്ച് അവൾ അറിയുവാനിടയായി. വലിയ വിലകൊടുത്തതുതന്നെ അവൾ ആ ചെടി വാങ്ങിക്കുകയും അയൽപക്കക്കാരിൽ അസുയ ഉണ്ടാക്കട്ടെ എന്ന ചിന്തയോടെ അവൾ അത് തന്റെ മതിലിനോട് ചേർത്ത് നടുകയും ചെയ്തു. വളരെ പെട്ടെന്നുതന്നെ ചെടി തഴച്ചുവളർന്നു. പക്ഷെ, മാസങ്ങൾ കഴിഞ്ഞിട്ടും ഒരു പൂ പോലും കാണാൻ സാധിക്കാതെ ആ യുവതി ചെടി വെട്ടിക്കളയാൻ തീരുമാനിച്ചു പുറത്തേക്കിറങ്ങി. അപ്പോഴാണ് അയൽക്കാരിയായ യുവതി വീട്ടിലേക്ക് കടന്നുവന്നത്. അവൾ ആ സ്ത്രീയോട് പറഞ്ഞു ഒരുപാട് നന്ദിയുണ്ട്. കൂറെ നാളുകളായി ഈ ചെടിയിലെ പൂക്കളാണ് എന്റെ സന്തോഷം. ചെടി വെട്ടിക്കളയാനൊരുങ്ങി നിന്ന ആ യുവതി മതിലിനപ്പുറം ചെന്ന് നോക്കിയപ്പോൾ കണ്ട കാഴ്ച അവളെ അത്ഭുതപ്പെടുത്തി. ആ ചെടിയുടെ മറുവശം മുഴുവൻ പൂക്കൾകൊണ്ട് നിറഞ്ഞിരിക്കുന്നു.

നമ്മുടെ മനസ്സ് നന്മകൾകൊണ്ട് നിറഞ്ഞതാണെങ്കിൽ എവിടെയും നന്മയുടെ, സ്നേഹത്തിന്റെ വസന്തം വിരിയിക്കുവാൻ നമുക്ക് സാധിക്കും. അല്ലെങ്കിൽ വസന്തം വിരിയുന്ന പല കാഴ്ചകളും നമുക്ക് നഷ്ടമായേക്കാം.



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